

CARLYON BAY

HOTEL | SPA | GOLF

Children's Breakfast

Breakfast Supplement £11

Applicable for non-residents and residents on non-inclusive terms (15 years & under).

The Continental Buffet

Fruit Juices **GF, VE**

Orange | Grapefruit | Pineapple | Cranberry
Apple | Iced Milk **GF**

Cereals

Cornflakes **V** | Coco Pops **V** | Frosties **V**
Rice Krispies **V** | Weetabix **V**

Fruits **GF, VE**

Grapefruit Segments | Poached Pears
Fresh Fruit Salad | Peaches

Natural or Fruit Yoghurt **GF**

The Bakery

Warm Croissants **V**

Morning Pastries **V**

Mini Pecan Plait | Mini Raspberry Crown
Mini Vanilla Crème Crown | Mini Cinnamon Swirl
Mini Apple Coronet | Mini Pain Au Chocolate

Muffins **V**

Blueberry | Double Chocolate

Beverages

Choose from our selection of milks including semi-skimmed, oat, almond & soya.

Hot Chocolate

Babyccino

The Hot Buffet

Choose from the following:

Crispy Bacon **GF**

West Country Pork Sausages **GF?**

Fried Bread **VE, GF?**

Baked Beans **GF, VE**

Hash Brown Potatoes **GF, VE**

Button Mushrooms **GF, VE?**

Grilled Tomatoes **GF, VE**

Free Range Eggs

Choose from: Poached **GF, V** | Fried **GF, V**
Scrambled **GF, V** | Boiled **GF, V**

From the Kitchen

Fresh Porridge Oats **GF?**

Butter Milk Pancakes **V**

Maple Syrup, Mixed Berries

Hot Belgian Waffles **V**

Mixed Berries, Maple Syrup



GF Gluten Free **GF?** Can be Gluten Free (please ask) **V** Vegetarian **VE** Vegan **VE?** Can be Vegan (please ask)

Our dishes may contain traces of allergens. Please let us know if you have any allergens or special dietary requirements.
Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.