

Afternoon tea

THE CORNISH CREAM TEA (GF?) (VE?) per person 14

Enjoy a traditional Cornish cream tea served with two fresh warm homemade scones, strawberry jam, Cornish clotted cream and a pot of freshly brewed 'Cornish Grown' tea or coffee. Gluten free option available.

THE CARLYON BAY TEA per person 35

Finger Sandwiches

Served with a choice of white or wholemeal bread:

Free Range Egg Mayonnaise, Watercress (V)

Smoked Salmon, Dill & Cream Cheese

Coronation Chicken

Savoury Selection

Sage & Apricot Sausage Roll

Goat's Cheese & Red Onion Quiche (V)

Carlyon Scones

Homemade Warm Plain & Fruit Scones (GF?) (VE?)

Served with local Cornish clotted cream & homemade strawberry jam

Afternoon Tea Cakes

Raspberry & White Chocolate Macaroon (GF)

Chocolate & Hazelnut Tart (V)

Lemon & Elderflower Mousse (GF) (V)

Served with a pot of freshly brewed 'Cornish Grown' tea or coffee.

Gluten free, vegetarian and vegan options are available.

CHAMPAGNE AFTERNOON TEA per person 46

Enjoy a 'Carlyon Bay Tea' plus a flute of Champagne

INDIVIDUAL CAKES 6

Lemon Drizzle Loaf (GF)

Coffee & Walnut Cake

Classic dishes

FRESHLY PREPARED SOUP OF THE DAY 11

Made with local produce & served with Artisan bread

CHICKEN LIVER PARFAIT (GF?) 13

Hot toast, real ale chutney

CAESAR SALAD (GF?) 16

Sweet garlic, croutons, creamy garlic dressing, Parmesan

as it comes (GF?) (V) 16

or with chargrilled chicken (GF?) (V) 24

SMOKED SALMON, CHERRY TOMATO & GREEN BEAN SALAD (GF) 22

Pine nut & Fowey River olive oil dressing

BUTTERMILK CRISPY CHICKEN THIGH 20

Cornish chilli coleslaw, sweetcorn puree, fries

LOCAL COD & CHIPS (GF?) 26

Deep fried in beer batter, fries, tartare sauce, crushed peas

PRIME HOME GROUND 'BURGER' (GF?) 26

Bacon, Cornish Gouda, pickles, mayo, salad, slaw, toasted bun & fries

Sandwiches

Freshly prepared, all served on white, granary or gluten free bread, with coleslaw, mixed salad leaves & potato crisps.

HONEY ROASTED HAM 13.50

West Country chutney relish

AWARD WINNING MATURE CHEDDAR CHEESE (V) 13.50

Served with pickle

FREE RANGE EGG (V) 13.50

Mayonnaise & cress

ROASTED BEEF 15.50

Mustard or horseradish

ROASTED CHICKEN BREAST 15.50

Mayonnaise & salad leaves

ATLANTIC PRAWNS 15.95

Marie Rose sauce

TRADITIONAL SMOKED SALMON 16.50

Lemon & dill dressing

LOCAL HAND PICKED FRESH CORNISH CRAB 17.50

Lemon mayonnaise

CLUB SANDWICH 22

Chicken, bacon, salad & free range fried egg

Side dishes

6

FRIES (VE) (GF)

DEEP FRIED ONION RINGS (VE) (GF?)

MARINATED OLIVES (GF) (VE)

TOSSED SALAD (VE) (GF)

CHEESE & GARLIC BREAD (V) (GF?)

Beverages

A WIDE RANGE OF SPECIALITY TEAS & COFFEES 4.95

Please choose from the following: (GF?) (VE?)

Speciality Teas

Ceylon

Earl Grey

Decaffeinated

Lapsang Souchong

Green Tea

Cornish Tregothnan Tea

Speciality Coffees

Decaffeinated

Espresso

Cappuccino

Latte

Iced Coffee

A wide selection of herbal, fruit infusions & coffees are also available.

Syrups 0.75

Choose from: Vanilla, Caramel, Gingerbread or Hazelnut syrup

HOT CHOCOLATE (GF?) 5.75

Served with whipped cream & marshmallows

GF Gluten Free GF? Can be Gluten Free (please ask) V Vegetarian

VE Vegan VE? Can be Vegan (please ask)

D DAIRY G GLUTEN M MUSTARD E EGG MO MOLLUSCS CR CRUSTACEAN C CELERY
N NUTS F FISH SU SULPHUR DIOXIDE S SESAME SO SOYA P PEANUTS L LUPIN



Adults need around 2000 Kcal a day. You can view our calorie and allergen information by scanning the QR code. Our dishes may contain traces of allergens. Please let us know if you have any allergens or special dietary requirements. Whilst we do our utmost to accommodate our guests, we cannot guarantee any dish will be completely allergen free.

Available 2.00pm - 6.00pm