







spa days

Experience sheer luxury and blissful pampering at its ultimate here at the Carlyon Bay Hotel. From the second you wrap yourself up in one of our fluffy white robes and pop on the complimentary slippers, you begin to unwind.

All Spa Days receive 15% discount off all food & drink purchased in the Spa Bar

Spa Day

Inclusive of full use of leisure facilities. Includes a dressing gown and slippers. Treatments can be booked separately and charged at the standard rate.

Twilight Spa

Sunday-Thursday 4-7pm

Soak away all stresses on the ultimate luxury spa evening with full use of the facilities.

School Run Spa

Monday-Friday 9am-12pm

Revitalise yourself with our morning spa with full use of the facilities

Premium Spa Day

£50

£25

£25

£75

Full use of facilities, including dressing gown and slippers. Spa day includes either an:

- Aromatherapy Neck, Back & Shoulder Massage
- Elemis Skin Specific Taster Facial
- OPI Express Manicure or Pedicure

Deluxe Spa Day

£95

Full use of the facilities, including dressing gown and slippers. Spa day includes your choice of any one hour treatment.

Enhancements

Fruit Platter per person	£10
Prosecco per bottle	£36
Champagne per bottle	£55

Please note: Spa days will not run during the school holiday periods. 15% discount on food & drink does not apply to Twilight Spa. Opening times: 8am - 7pm daily