

For those guests on dinner inclusive terms, those dishes which have n/a are included in your package. For other dishes you will receive a 35% discount from the listed prices.

Starters

FRESHLY PREPARED SOUP OF THE DAY	n/a 11.50
CHICKEN LIVER PARFAIT 368 kcal Hot toast, real ale chutney	n/a 11.95
TRADITIONAL PRAWN COCKTAIL 357 kcal	17
TOMATO, FRESH BASIL & BUFFALO MOZZARELLA SALAD 312 kcal Virgin olive oil	14
BOWL OF CORNISH MUSSELS 632 kcal Cider, cream & garlic	18

Side dishes

THIN FRIES 546 kcal	5
DEEP FRIED ONION RINGS 491 kcal	
MARINATED OLIVES 534 kcal	
TOSSED SALAD 86 kcal	
CHEESE & GARLIC BREAD 493 kcal	

Mains

PRIME HOME GROUND BURGER 1520 kcal Maple bacon, local cheese, pickles, mayo, salad, slaw, toasted bun & fries	n/a 19.95
LOCAL FISH & CHIPS 1402 kcal Deep fried in beer batter, thin fries, crushed peas & tartare sauce	n/a 19.95
CHARGRILLED 10oz RIB EYE STEAK 1110 kcal Served with green vegetables, wild mushrooms, cherry tomatoes & pont neuf potatoes	35
CHARGRILLED 8oz FILLET STEAK 918 kcal Served with green vegetables, wild mushrooms, cherry tomatoes & pont neuf potatoes	38
CHARGRILLED CHICKEN BREAST 1013 kcal Served with green vegetables, wild mushrooms, cherry tomatoes & pont neuf potatoes	26
CAESAR SALAD Sweet garlic, croutons, creamy garlic dressing, Parmesan as it comes (v) 905 kcal or with chargrilled Chicken 1127 kcal	n/a 15.95 n/a 19.95
CARLYON MAC ' N ' CHEESE Topped with Panko Crumb & served with garlic bread made with 3 local cheeses 1282 kcal or served with pancetta & sauteed mushrooms 1700 kcal	n/a 14.95 n/a 17.95

Sweets

WEST COUNTRY ICE CREAMS 313 kcal Selection of locally made ice creams	n/a 11.50
LEMON MOUSSE 258 kcal Elderflower jelly, shortbread	n/a 11.50
CHOCOLATE TORTE 526 kcal Chocolate sauce, clotted cream	n/a 11.50
PLEASE ASK FOR THE DAILY DESSERT OPTION	n/a 11.50

Available 6.00pm - 9.00pm

Our daily dinner menu is also available upon request along with a vegetarian /
vegan menu if required. Please inform us if you have a food allergy
that we should be aware of. Adults need around 2000 kcal a day.



For allergy & calorie
information please
scan the QR code



CARLYON BAY HOTEL

SPA AND GOLF

★★★★