

Sandwiches

Freshly prepared, all served on white, granary or gluten free bread, with coleslaw, mixed salad leaves & potato crisps.

| | |
|---|-------|
| HONEY ROASTED HAM West Country chutney relish | 8.75 |
| ROAST BREAST OF TURKEY Cranberry sauce | 8.75 |
| AWARD WINNING MATURE CHEDDAR CHEESE (V) Served with pickle | 8.75 |
| FREE RANGE EGG (V) Mayonnaise & cress | 8.75 |
| ROASTED CHICKEN BREAST Mayonnaise & salad leaves | 9.25 |
| WESTCOUNTRY BRIE (V) Grape | 8.75 |
| ROASTED BEEF Mustard or horseradish | 9.25 |
| ATLANTIC PRAWNS Marie Rose sauce | 9.95 |
| TRADITIONAL SMOKED SALMON Lemon & dill dressing | 10.25 |
| LOCAL HAND PICKED FRESH CORNISH CRAB Lemon mayonnaise & mango | 11.25 |

Classic clubs

Served with coleslaw, mixed salad leaves & thin fries.

| | |
|---|-------|
| CLUB SANDWICH Chicken, bacon, salad & free range egg | 14.25 |
| STEAK CLUB Grilled sirloin steak, caramelised red onion & mushrooms | 14.75 |
| THE VEGETARIAN CLUB (V) Grilled halloumi, piquello pepper & avocado | 12.50 |

Lighter snacks

| | |
|--|-------|
| FRESHLY PREPARED SOUP OF THE DAY | 8.25 |
| Made with local produce & served with Artisan bread rolls | |
| CHICKEN LIVER PARFAIT | 9.95 |
| Hot toast, real ale chutney | |
| LINGUINI, JALAPENO PEPPERS, CHERRY TOMATOES, BASIL & MINT (V) | 11.25 |
| Heritage tomatoes, fresh burrata, olives, pickled walnuts & pesto | |

Carlyon classics

| | |
|--|-------|
| FRESHLY MADE OMELETTES (made with free range hen-eggs) | 11.50 |
| Choose from: | |
| Smoked salmon & prawn | |
| Wild mushroom | |
| Bacon & cheddar cheese | |
| ARNOLD BENNETT OMELETTE | 12.50 |
| Smoked haddock & cheese | |
| CAESAR SALAD | |
| Sweet garlic, croutons, creamy garlic dressing, parmesan | |
| as it comes (V) | 11.25 |
| or with chargrilled chicken | 16.50 |
| PRIME HOME GROUND 'BURGER' | 16.95 |
| Maple bacon, local cheese, pickles, mayo, salad, slaw, toasted bun & thin fries | |
| SRI LANKAN CURRY (VE) | 16.95 |
| Sweet potato, green bean, roasted lime cashews, pea basmati rice, coconut tomato sambal | |
| 10oz CHARGRILLED CARLYON RIB EYE STEAK | 29.00 |
| Served with mushrooms, vine tomatoes, thin fries & fried onion rings | |
| CELTIC OCEAN INSPIRED SEAFOOD CURRY | 24.00 |
| Monkfish, cod, crab claws and prawns. Served with pilau rice, minted cucumber & coconut salad. | |

Please inform us if you have a food allergy that we should be aware of

Fresh from the sea

| | |
|---|-------|
| FRESH MUSSELS | 14.50 |
| Cooked in cider cream & garlic | |
| LOCAL COD | 16.95 |
| Deep fried in beer batter, thin fries, mushy peas | |
| GRILLED FISH OF THE DAY | 15.95 |
| With citrus butter, thin fries & a tossed salad | |
| DRESSED CORNISH CRAB | 22.00 |
| Handpicked & served in its shell with tossed salad, mayo & thin fries | |
| SMOKED SALMON, CREVETTES, ATLANTIC PRAWNS & DILL SALAD | 17.95 |

Side dishes

| | | |
|----------------------------------|-------------------------------|------|
| THIN FRIES | DEEP FRIED ONION RINGS | 4.50 |
| MARINATED OLIVES | TOSSED SALAD | |
| CHEESE & GARLIC BREAD | | |

Sweets

| | |
|---|------|
| WEST COUNTRY ICE CREAMS | 7.50 |
| Selection of locally made ice creams | |
| PLEASE ASK FOR THE DAILY DESSERT OPTION | 8.25 |
| PANNACOTTA WITH SEASONAL FRUITS | 8.25 |
| CHOCOLATE TORTE | 8.25 |
| Chocolate sauce, clotted cream | |
| DAILY WEST COUNTRY CHEESE SELECTION | 8.95 |
| 3 cheeses, served with chutney, West Country biscuits, grapes & walnuts | |

Lounge bar smoothies

Made with a choice of either soya, skimmed or coconut milk.

| | |
|-------------------------------|------|
| MIXED BERRIES & TOASTED OATS | 4.95 |
| AVOCADO & KIWI | 4.95 |
| BANANA, HONEY & PEANUT BUTTER | 4.95 |

Beverages

| | |
|---|------|
| A WIDE RANGE OF SPECIALITY TEAS & COFFEES | 4.00 |
|---|------|

Please choose from the following:

Speciality Teas

Ceylon
China
Earl Grey
Decaffeinated
Lapsang Souchong
Green Tea
Cornish Tregothnan Tea

Speciality Coffees

Cafetiere
Decaffeinated cafetiere
Espresso
Cappuccino
Latte
Other coffees available

A wide selection of herbal & fruit infusions are also available.

| | |
|---------------|------|
| HOT CHOCOLATE | 4.50 |
|---------------|------|

Served with whipped cream & marshmallows

