

Afternoon tea

THE CORNISH CREAM TEA 11.50

Enjoy a traditional Cornish cream tea served with two fresh warm homemade scones, strawberry jam, Cornish clotted cream & a pot of freshly brewed 'Cornish Grown' tea or coffee.
Gluten free option available.

THE CARLYON BAY TEA per person 26

Finger Sandwiches

Served with a choice of white or wholemeal bread:

- Free Range Egg Mayonnaise, Watercress
- Smoked Salmon, Dill & Cream Cheese
- Coronation Chicken

Carlyon Scones

Homemade Warm Plain & Fruit Scones

Served with local Cornish clotted cream & homemade strawberry jam

Afternoon Tea Cakes

- Orange & Pistachio Cake
- Red Berry Glazed Tartlet
- Ruby Chocolate Brownie, Pecans
- Lemon Mousse & Elderflower Jelly
- Meringue, Strawberry & Chocolate Drizzle

Served with a pot of freshly brewed 'Cornish Grown' tea or coffee.
Gluten free, vegetarian and vegan options are available.

CHAMPAGNE AFTERNOON TEA FOR TWO 70

Enjoy a 'Carlyon Bay Tea' for 2 plus a flute of Champagne each

INDIVIDUAL CAKES 4.95

Traditional English rich fruit cake
Coffee & walnut cake

Beverages

A WIDE RANGE OF SPECIALITY TEAS & COFFEES 4.25

Please choose from the following:

Speciality Teas

Ceylon
Earl Grey
Decaffeinated
Lapsang Souchong
Green Tea
Cornish Tregothnan Tea

Speciality Coffees

Decaffeinated
Espresso
Cappuccino
Latte
Other coffees available

A wide selection of herbal & fruit infusions are also available.

HOT CHOCOLATE 4.75

Served with whipped cream & marshmallows

Sandwiches

Freshly prepared, all served on white, granary or gluten free bread, with coleslaw, mixed salad leaves & potato crisps.

HONEY ROASTED HAM	9.95
West Country chutney relish	
ROAST BREAST OF TURKEY	9.95
Cranberry sauce	
AWARD WINNING MATURE CHEDDAR CHEESE (V)	9.95
Served with pickle	
FREE RANGE EGG (V)	9.95
Mayonnaise & cress	
ROASTED BEEF	11
Mustard or horseradish	
ROASTED CHICKEN BREAST	11
Mayonnaise & salad leaves	
ATLANTIC PRAWNS	11.50
Marie Rose sauce	
TRADITIONAL SMOKED SALMON	11.75
Lemon & dill dressing	
LOCAL HAND PICKED FRESH CORNISH CRAB	13.95
Lemon mayonnaise & mango	
CLUB SANDWICH	16.50
Chicken, bacon, salad & free range egg	

Lighter snacks

FRESHLY PREPARED SOUP OF THE DAY	9.50
Made with local produce & served with Artisan bread	
CAESAR SALAD	
Sweet garlic, croutons, creamy garlic dressing, parmesan	
as it comes (V)	12.95
or with chargrilled chicken	17.95
SMOKED SALMON, CREVETTES, ATLANTIC PRAWNS & DILL SALAD	19.95

Side dishes

THIN FRIES	5
DEEP FRIED ONION RINGS	
MARINATED OLIVES	
TOSSED SALAD	
CHEESE & GARLIC BREAD	

Please inform us if you have a food allergy that we should be aware of.
Adults need around 2000 kcal a day.

