



LUNCH

menu

THE TERRACE
Lounge



SANDWICHES

Freshly prepared, all served on white or granary bread, with coleslaw, watercress, rocket & thin fries.

HONEY ROASTED DEVON HAM 8.25
West Country chutney relish

ROAST DEVONSHIRE TURKEY 8.25
Cranberry sauce

AWARD WINNING MATURE CHEDDAR CHEESE 7.95
Served with pickle

FREE RANGE EGG 7.95
Mayonnaise and cress

ROASTED CHICKEN BREAST 8.50
Mayonnaise and salad leaves

ROASTED CORNISH BEEF 8.50
Mustard or horseradish

ATLANTIC PRAWNS 8.50
Marie Rose sauce

TRADITIONAL SMOKED SALMON 9.50
Lemon and dill dressing

LOCAL HAND PICKED FRESH CORNISH CRAB 10.50
Lemon mayonnaise and mango

CLASSIC CLUBS

Served with coleslaw, watercress, rocket & thin fries.

CLUB SANDWICH 12.50
Chicken, bacon, salad and free range egg

STEAK CLUB 13.95
Grilled sirloin steak, caramelized red onion and mushrooms

THE VEGETARIAN CLUB 11.95
Grilled halloumi, piquello pepper & avocado

Available 10.00am – 2.00pm





LIGHTER SNACKS

| | |
|--------------------------------------------------------------------------------------------------------|-------|
| FRESHLY PREPARED SOUP OF THE DAY Made with local produce and served with artisan bread rolls | 7.50 |
| CHICKEN LIVER PARFAIT Hot toast, real ale chutney | 9.00 |
| BAKED CORNISH CAMEMBERT RAREBIT Soft poached duck egg, apple and walnut | 10.50 |
| TOMATO & MOZZARELLA GNOCCHI Tomato passata, spinach, Parmesan | 12.50 |

CARLYON CLASSICS

| | |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| FRESHLY MADE OMELETTES (made with free range eggs) Choose from: Smoked salmon and prawn Wild mushroom Bacon and cheddar cheese | 9.95 |
| ARNOLD BENNETT OMELETTE Smoked haddock and cheese | 11.25 |
| BAKED 'MAC N CHEESE' Rich cheese sauce, crisp panko crumb | 12.50 |
| CAESAR SALAD Sweet garlic, croutons, creamy garlic dressing, parmesan | |
| as it comes | 10.95 |
| or with char grilled chicken | 15.00 |
| or with char grilled prawns | 16.00 |
| PRIME HOME GROUND 'BURGER' Maple bacon, local cheese, pickles, mayo, salad, slaw, toasted bun, fries | 15.00 |
| THAI GREEN CHICKEN CURRY Breast of chicken, fragrant coconut green curry served with jasmine rice | 16.75 |
| CHAR ROASTED 10oz CARLYON RIB EYE STEAK Served with mushrooms, vine tomatoes, fries and fried onion rings | 24.00 |





FRESH FROM THE SEA

CORNISH MUSSELS

Cooked in cider cream and garlic

13.95

LOCAL DAY BOAT COD

Deep fried in beer batter, fries, mushy peas

15.00

GRILLED CORNISH FISH OF THE DAY

With citrus butter, fries and a tossed salad

13.95

CORNISH CRAB, PICKLED GINGER, TIGER PRAWNS, WATER MELON

16.00

SMOKED SALMON, CREVETTES, ATLANTIC PRAWNS & DILL SALAD

16.25

SEARED TUNA LOIN

Lentils, black beans, red peppers, French beans, red onions, cos lettuce

17.50

SIDE DISHES

4.00

THIN FRIES

DEEP FRIED ONION RINGS

CHUNKY CHIPS

MARINATED OLIVES

TOSSED SALAD

CHEESE & GARLIC BREAD

SWEETS

CORNISH ICE CREAMS

Selection of locally made ice creams

7.00

PLEASE SEE OUR DAILY CHANGING DESSERT MENU

7.50

Please inform us if you have a food allergy that we should be aware of





LOUNGE BAR SMOOTHIES

Made with a choice of either soya, skimmed or coconut milk.

MIXED BERRIES & TOASTED OATS 4.95

AVOCADO & KIWI 4.95

BANANA, HONEY & PEANUT BUTTER 4.95

BEVERAGES

A WIDE RANGE OF SPECIALITY TEAS & COFFEES 3.75

Please choose from the following:

Speciality Teas

Ceylon

China

Earl Grey

Decaffeinated

Lapsang Souchong

Green Tea

Cornish Tregothnan Tea

Speciality Coffees

Tiki cafetiere

Tiki decaffeinated cafetiere

Espresso

Cappuccino

Latte

Other coffees available

A wide selection of herbal and fruit infusions are also available.

HOT CHOCOLATE 4.25

Served with whipped cream and marshmallows

Available 10.00am – 2.00pm



