



the bay

POOL CLUB

M E N U

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## S A V O U R Y

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All our sandwiches are served on white or granary bread, with coleslaw, watercress, rocket & thin fries.

<b>HONEY ROASTED WEST COUNTRY HAM SANDWICH</b> West Country chutney relish	8.25
<b>ROAST BREST OF TURKEY SANDWICH</b> Cranberry sauce	8.25
<b>AWARD WINNING MATURE CHEDDAR CHEESE SANDWICH</b> Served with pickle	7.95
<b>FREE RANGE EGG SANDWICH</b> Mayonnaise and cress	7.95
<b>ROASTED CHICKEN BREAST SANDWICH</b> Mayonnaise and salad leaves	8.75
<b>ROASTED WEST COUNTRY BEEF SANDWICH</b> Mustard or horseradish	8.75
<b>ATLANTIC PRAWNS SANDWICH</b> Marie Rose sauce	8.75
<b>TRADITIONAL SMOKED SALMON SANDWICH</b> Lemon and dill dressing	9.75
<b>LOCAL HAND PICKED FRESH CORNISH CRAB SANDWICH</b> Lemon mayonnaise and mango	10.75
<b>CHAR GRILLED CHICKEN CAESAR SALAD</b> Served with garlic bread	15.50
<b>SMOKED SALMON, CREVETTES, ATLANTIC PRAWNS AND DILL SALAD</b>	16.50
<b>THIN FRIES</b>	4.00
<b>CHUNKY CHIPS</b>	4.00

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## S W E E T

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<b>THE CORNISH CREAM TEA</b> Enjoy a traditional Cornish cream tea served with two fresh homemade scones, strawberry jam, Cornish clotted cream and a pot of freshly brewed 'Cornish Grown' tea or coffee	10.00
<b>LOCAL STRAWBERRIES &amp; CORNISH CLOTTED CREAM</b>	7.75
<b>WATERMELON SLICE</b>	2.50

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## F R O Z E N

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(please ask for flavours)

LOCAL CALLESTICK ICE CREAM TUBS	3.50
ICE CREAM BARS	From 2.00

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## S N A C K S

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(please ask for flavours)

CHOCOLATE BARS	From 1.00
CRISPS	From 1.00
SWEET OR SAVOURY POPCORN	2.50
YOGURT BARS	1.00

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## D R I N K S

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POT OF BLACK, GREEN OR VARIOUS HERBAL TEA	3.95
CAFETIERE OF COFFEE	3.95
CANS COKE, DIET COKE, LEMONADE, RIBENA CARTON	2.00
CORNISH ORCHARD SOFT DRINKS	3.40
Cox, Bramley & Old Cornish Apple Juice	
Orange & Lemon Sparkling	
Cranberry & Raspberry Sparkling	
Elderflower Presse	
Cloudy Lemonade	
Ginger Beer and Rhubarb & Vanilla	
FROBISHERS FUSIONS (please ask for flavours)	3.20
BREND HOTELS STILL OR SPARKLING MINERAL WATER 330ml	2.60

