

## light refreshments

Toasted teacake.....	£2.25
Victoria sandwich sponge.....	£2.75
Traditional coffee & walnut cake.....	£2.75
Traditional Cornish scones, with clotted cream & jam.....	£3.50

## beverages

Pot of tea.....	£2.50
Speciality teas.....	£2.50
Cup of filter coffee.....	£2.30
Espresso.....	£2.30
Cappuccino.....	£2.85
Latte.....	£2.85
Americano.....	£2.60
Mocha.....	£2.85
Hot chocolate.....	£2.85

## desserts

Selection of local West Country ice creams with Cornish clotted cream.....	£4.95
Trio of Cornish cheeses with water biscuits & ale chutney.....	£6.95
Sticky toffee pudding with toffee sauce & clotted cream.....	£5.50
Traditional apple & blackberry crumble with clotted cream.....	£5.50

Please inform us of any food allergies or special dietary requirements.



CARLYON BAY HOTEL  
GOLF CLUB

menu



The Carlyon Bay Hotel Golf Club,  
Beach Road, St Austell, Cornwall PL25 3RD  
01726 814250 | [www.carlyonbay.com/golf](http://www.carlyonbay.com/golf)

## the carlyon bay breakfast

Hot buttered toast & preserves (v).....	£2.25
Grilled bacon bap.....	£4.95
Grilled bacon & free range egg bap.....	£5.95
Grilled Kittows local sausage & mushroom bap.....	£5.95
Kittows local sausage, grilled bacon, free range fried egg, Cornish hogs pudding, toast, hash browns & baked beans.....	£7.95

## sandwiches

*Freshly prepared sandwiches on white or granary bread, served with mixed leaf salad garnish & kettle crisps.*

Free range egg mayonnaise with mustard cress (v).....	£5.25
West Country ham & ale chutney.....	£5.75
Mature local cheddar cheese with pickle or tomato (v).....	£5.75
Tuna mayonnaise & sweetcorn.....	£5.75
Atlantic prawns with Marie Rose sauce.....	£6.25
Roasted West Country beef with horseradish or mustard.....	£6.25
Smoked salmon & dill dressing.....	£7.95
Handpicked fresh Cornish crab & mayonnaise.....	£9.50

## toasted panini sandwiches

*Served with mixed leaf salad garnish & kettle crisps*

Mature local cheddar cheese with pickle or tomato (v).....	£6.75
Cornish brie & cranberry.....	£6.95
Mature local cheddar & West Country ham.....	£7.25
Grilled bacon & tomato.....	£7.25
Grilled bacon & mature local cheddar.....	£7.25
Chargrilled chicken breast, mayonnaise, tomato & grilled bacon.....	£8.50
Chargrilled West Country minute steak, red onion & blue cheese.....	£9.50

## starters & lighter dishes

Homemade seasonal soup, with Artisan rolls.....	£5.25
Traditional prawn cocktail, Marie Rose sauce & lemon, granary bread & butter.....	£6.95
Crisp haddock, leek & cheddar fish cakes with salad leaves & tartare sauce.....	£7.95
Deep fried coconut breaded butterfly king prawns, sweet chilli dip, garlic mayonnaise & crisp salad.....	£9.50
Oak smoked salmon & prawn salad, crisp cos lettuce, watercress, lemon & dill dressing.....	£9.95

## jacket potatoes

*Baked jacket potato, served with crisp seasonal side salad & coleslaw*

Mature cheddar & red onion (v).....	£7.50
Tuna mayonnaise & sweetcorn.....	£7.50
Grilled bacon & cheese.....	£7.50
Mature cheddar & baked beans (v).....	£7.50
Atlantic prawns & Marie Rose sauce.....	£8.95

## side dishes

Bowl of French fries.....	£2.35
Artisan rolls with butter.....	£2.50
Doom Bar beer battered onion rings.....	£2.95
Garlic & cheese baguette.....	£2.95
Cheesy chips.....	£3.75
Seasonal side salad.....	£3.95

## main courses

West Country ham, French fries & 2 free range fried eggs.....	£8.50
Tossed Caesar salad, cos lettuce, Parmesan, free range egg, croutons, anchovies, Caesar dressing (v).....	£7.95
or served with chargrilled chicken breast.....	£9.95
West Country ploughman's, mature West Country cheddar cheese & ham, served with Artisan rolls, chutney, pickled onion & crisp salad.....	£9.95
Pan fried tomato & mozzarella gnocchi, wilted spinach, Parmesan, served with Artisan rolls (v).....	£8.95
Deep fried fresh Cornish cod in Doom Bar beer batter, served with French fries, mushy peas & tartare sauce.....	£10.50
The Carlyon Bay Brunch, free range egg, bacon, Kittows local sausage, French fries, Cornish hog's pudding, grilled tomatoes, mushrooms & baked beans.....	£9.95
Homemade beef lasagne baked in a rich tomato sauce, topped with Parmesan & mozzarella, served with crunchy salad.....	£9.95
West Country grilled gammon steak, pineapple, free range fried egg, French fries & garden peas.....	£10.50
The Carlyon Bay homemade beef burger, 8oz prime burger with melted cheese, tomato, lettuce & onion, served in a seeded bap with relish & French fries.....	£10.25
Homemade chicken tikka, cooked in a spiced masala sauce, served with rice, poppadoms & mango chutney.....	£10.25
Deep fried golden scampi, French fries & garden peas.....	£10.95
Chargrilled West Country minute steak, free range fried egg, Doom Bar beer battered onion rings, grilled tomatoes & mushrooms, salad & French fries.....	£12.95

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