

## light refreshments

Toasted teacake.....	£1.95
Victoria sandwich sponge.....	£2.50
Traditional coffee and walnut cake.....	£2.50
Traditional Cornish scones, with clotted cream and jam.....	£2.95

## beverages

Pot of tea.....	£2.20
Speciality teas.....	£2.35
Cup of filter coffee.....	£2.20
Espresso.....	£2.20
Cappuccino.....	£2.75
Latte.....	£2.75
Americano.....	£2.50
Mocha.....	£2.75
Hot chocolate.....	£2.75

## desserts

Please see our daily specials menu for a choice of desserts

Selection of local West Country ice creams with Cornish clotted cream.....	£4.50
Trio of Cornish cheeses with water biscuits and ale chutney.....	£5.95
Sticky toffee pudding with toffee sauce and clotted cream.....	£4.95
Traditional apple and blackberry crumble with clotted cream.....	£4.95

Please inform us of any food allergies or special dietary requirements.



CARLYON BAY HOTEL  
GOLF CLUB

menu



The Carlyon Bay Hotel Golf Club,  
Beach Road, St Austell, Cornwall PL25 3RD  
01726 814250 | [www.carlyonbay.com/golf](http://www.carlyonbay.com/golf)

## the carlyon bay breakfast

Hot buttered toast and preserves (v).....	£2.25
Grilled bacon bap.....	£4.95
Grilled bacon and free range egg bap.....	£5.95
Grilled Kittows local sausage and mushroom bap.....	£5.95
Kittows local sausage, grilled bacon, free range fried egg, Cornish hogs pudding, toast, hash browns and baked beans.....	£7.95

## sandwiches

*Freshly prepared sandwiches on white or granary bread, served with mixed leaf salad garnish and kettle crisps.*

Free range egg mayonnaise with mustard cress (v).....	£4.95
West Country ham and ale chutney.....	£5.50
Mature local cheddar cheese with pickle or tomato (v).....	£5.50
Tuna mayonnaise and sweetcorn.....	£5.50
Atlantic prawns with Marie Rose sauce.....	£5.95
Roasted West Country beef with horseradish or mustard.....	£5.95
Smoked salmon and dill dressing.....	£7.95
Handpicked fresh Cornish crab and mayonnaise.....	£8.50

## toasted panini sandwiches

*Served with mixed leaf salad garnish and kettle crisps*

Mature local cheddar cheese with pickle or tomato (v).....	£6.50
Cornish brie and cranberry.....	£6.50
Mature local cheddar and West Country ham.....	£6.95
Grilled bacon and tomato.....	£6.95
Grilled bacon and mature local cheddar.....	£6.95
Chargrilled chicken breast, mayonnaise, tomato and grilled bacon.....	£8.50
Chargrilled West Country minute steak, red onion and blue cheese.....	£8.95

## starters & lighter dishes

Homemade seasonal soup, with artisan rolls.....	£4.50
Traditional prawn cocktail, Marie Rose sauce and lemon, granary bread & butter.....	£6.95
Crisp haddock, leek & cheddar fish cakes with salad leaves and tartare sauce.....	£7.95
Deep fried coconut breaded butterfly king prawns, sweet chilli dip, garlic mayonnaise and crisp salad.....	£8.95
Oak smoked salmon & prawn salad, crisp cos lettuce, watercress, lemon & dill dressing.....	£8.95

## jacket potatoes

*Baked jacket potato, served with crisp seasonal side salad and coleslaw*

Mature cheddar and red onion (v).....	£6.95
Tuna mayonnaise and sweetcorn.....	£6.95
Grilled bacon and cheese.....	£6.95
Mature cheddar and baked beans (v).....	£6.95
Atlantic prawns and Marie Rose sauce.....	£7.95

## side dishes

Bowl of French fries.....	£2.25
Artisan rolls with butter.....	£2.50
Doom Bar beer battered onion rings.....	£2.75
Garlic and cheese baguette.....	£2.95
Cheesy chips.....	£3.50
Seasonal side salad.....	£3.95

## main courses

West Country ham, French fries and 2 free range fried eggs.....	£7.95
Tossed Caesar salad, cos lettuce, Parmesan, free range egg, croutons, anchovy's, Caesar dressing (v).....	£7.95
or served with chargrilled chicken breast.....	£9.95
West Country ploughman's, mature West Country cheddar cheese and ham, served with artisan rolls, chutney, pickled onion and crisp salad.....	£8.95
Pan fried tomato & mozzarella gnocchi, wilted spinach, Parmesan, served with artisan rolls (v).....	£8.95
Deep fried fresh Cornish cod in Doom Bar beer batter, served with French fries, mushy peas and tartare sauce.....	£9.25
The Carlyon Bay Brunch, free range egg, bacon, Kittows local sausage, French fries, Cornish hog's pudding, grilled tomatoes, mushrooms and baked beans.....	£9.50
Homemade beef lasagne baked in a rich tomato sauce, topped with Parmesan & mozzarella, served with crunchy salad.....	£9.50
West Country grilled gammon steak, pineapple, free range fried egg, French fries and garden peas.....	£9.95
The Carlyon Bay homemade beef burger, 8oz prime burger with melted cheese, tomato, lettuce and onion, served in a seeded bap with relish and French fries.....	£9.95
Homemade chicken tikka, cooked in a spiced masala sauce, served with rice, poppadum's and mango chutney.....	£9.95
Deep fried golden scampi, French fries and garden peas.....	£9.95
Chargrilled West Country minute steak, free range fried egg, Doom Bar beer battered onion rings, grilled tomatoes and mushrooms, salad and French fries.....	£10.95

Please inform us of any food allergies or special dietary requirements.