



Breakfast

at the bay

GOOD MORNING

To enjoy a swift service for breakfast, we invite you to help yourself to the selection of juices, cereals, freshly cut breads, pastries, compotes and hot grill items from the buffet at your leisure.

Alternatively

To allow for a more relaxed service our waiting staff will be pleased to take your breakfast order & serve you at your table.

Please order beverages, toast and any Breakfast Specials or Signature Breakfast dishes from your table with our waiting staff.

Guests on Room Only basis: £18.50

Beverages

English Breakfast Tea

Freshly Brewed Coffee

Decaffeinated Coffee or Tea

Speciality Teas

Please ask a member of staff for our variety of teas

Hot Chocolate

Cappuccino

Espresso

Latte

Americano

Breakfast Specials

Porridge

Kipper

Smoked Haddock, poached in milk

Fresh Grilled Fish of the Day

Please choose from:

The Continental Buffet

Charcuterie

Breakfast Cheeseboard

Local Cornish Yoghurts

Compotes

Fresh Baked Bread, Croissants & Muffins

Fresh Cut Fruits

Granola & Cereals

The Grill

Depending on your liking, choose from some or all of our grill items:

West Country Free Range Eggs

To your liking - poached, scrambled, fried or boiled

Grilled Back Bacon

Mr Kittow's Local Award Winning Pen 'n' tinny' Sausages

Kittow's Award Winning Cornish Hogs Pudding

Grilled Tomatoes

Sauté New Potatoes

Sauté Mushrooms

Baked Beans

Lightly Fried Bread

Signature Breakfast

**Additional supplements to below items applies to all guests. Guests on Room Only basis will be charged £18.50 plus any supplement charges.*

Champagne Breakfast

Scrambled eggs and smoked salmon,
plus a glass of champagne and orange juice

(Supplement of £15 per person if on breakfast inclusive terms, £33 if room only)

Pancakes

*£5.00

2 freshly made pancakes with blueberries and maple syrup

Eggs Benedict

*£8.00

Warm toasted muffin, streaky bacon and hollandaise sauce

Smoked Salmon & Scrambled Eggs

*£8.00

Steak & Eggs

*£12.00

Prime grilled 6oz Sirloin steak topped with 2 free range fried eggs

Breakfast Service

7.30am - 10.00am In the Bay View Restaurant.

Guest Safety

Please make us aware of any allergies or dietary requirements you may have. Soft eggs can harbour harmful bacteria, please indicate if you would prefer your eggs to be cooked firm. For quality and confidence we use West Country Free Range eggs. Please inform us of any allergies you feel we should be aware of.

