



spa days

Experience sheer luxury and blissful pampering at its ultimate here at the Carlyon Bay Hotel. From the second you wrap yourself up in one of our fluffy white robes and pop on the complimentary slippers, you begin to unwind.

All Spa Days receive 15% discount off all food and drink purchased in the Spa Bar



Spa Day

Inclusive of full use of leisure facilities. Includes a dressing gown and slippers. Treatments can be booked separately and charged at the standard rate.

Group Spa Day

For a group Spa Day we can offer the following discount.

5-8 people 10% discount

Twilight Spa

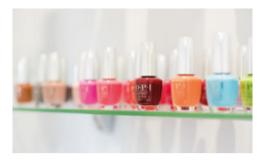
Sunday - Thursday 5 - 8pm

Soak away all stresses on the ultimate luxury spa evening with full use of the facilities.

School Run Spa

Monday- Friday 9am - 12pm

Revitalise yourself with our morning spa with full use of the facilities.



£65

per person

Premium Spa Day

Package A

£45

£25

£25

Full use of facilities, including dressing gown and slippers. Includes an Aromatherapy Neck, Back & Shoulder Massage.

Package B

Full use of facilities, including dressing gown and slippers. Includes an Elemis Skin Specifics Taster Facial.

Package C

Full use of facilities, including dressing gown and slippers. Includes an OPI Express Manicure or Pedicure.

Enhancements

Canapés £5
Chocolate Truffles £5
Fruit Platter £7.50
per bottle

Prosecco £32

Champagne £50

Please note: Spa days will not run during the school holiday periods. 15% discount on food & drink does not apply to Twilight Spa.

Opening times: 7am - 8pm daily